

The EDGE Sports Training Centers: Job Description & Positions Available

POSITION SPECIFICS:

Title: Lead Strength Coach, Experienced Strength Coach, Entry Level Strength Coach, and Intern
Salary/Hourly Hourly rate based on experience, qualifications, and performance.
Rate: Salaried position for facility head/lead trainer
Locations: Local residents preferred [no relocation reimbursement], must be willing to be deployed to all current and any future EDGE facilities as well as off-site training locations as needed.

REQUIREMENTS:

- Must hold or be pursuing a BS in exercise science or health related field.
- Certification with a nationally accredited organization (NSCA, ACSM, NASM, etc) upon application or within 1st year.
- Strong knowledge of exercise physiology, biomechanics, and exercise technique (plyometrics, SAQ, Olympic lifts, functional exercises).
- Playing & coaching experience preferred.
- Must be willing to travel by own vehicle to locations necessary for team training.
- Ability to work full time schedule that includes 30-40 training hours per week (part-time positions 10-20 hours per week).
- Must be able to work primarily afternoons, evenings, and weekends as needed.
- Must possess a strong work ethic, great communication skills, and a true passion for working with & developing athletes.

DUTIES/RESPONSIBILITIES:

- Design/implement/administer training programs
- Develop athletes in a safe, positive environment while maintaining discipline and control.
- Testing, evaluation, and tracking of athletes' attendance, attitude, and progress.
- Facility maintenance
- Uphold the mission and philosophies held by The EDGE Sports Training Centers.
- Perform all other duties assigned by the Sports Performance Director.

THE COMPANY:

The EDGE specializes in providing D1/professional level training to athletes of all ages. We currently have 3 training facilities and strong, symbiotic partnerships with several local sports clubs/associations as well as sport-specific instructional programs. Our primary focus is performance enhancement and injury prevention through the implementation of strength, speed, and agility programs. We are in a period of rapid growth and expansion and need quality strength coaches to train our incoming athletes along with our current client base.

CONTACT INFORMATION:

Send resume, letter of interest, and salary expectations to: hiring@edgesportstraining.com
The EDGE Sports Training Centers
Attn: Hiring Manager
121 Cheshire Lane, Suite 400
Minnetonka, MN 55305



The EDGE Sports Training Centers is an equal opportunity employer